

關於我們 ABOUT US

真光護老之家為聖雅各福群會轄下的非牟利護養院，憑藉多年長者服務經驗，致力為有護理需要的長者提供一個安全、舒適、有尊嚴的生活環境，並以跨專業團隊及人性化照顧模式，回應長者及照顧者不同階段的需要。

衷心感謝陳廷驊基金會的慷慨支持，不僅為院舍修繕與服務優化計劃提供必要的財政支持，亦參與項目策劃和策略討論，共同推動創新設計與院舍長期發展規劃。

True Light Home for the Aged is a non-profit nursing home operated under St. James' Settlement. With decades of experience in elderly care, we are committed to providing a safe, comfortable, and dignified living environment for seniors with nursing needs. Our interdisciplinary team and person-centered care model are designed to meet the evolving needs of both elderly residents and their caregivers.

We are sincerely grateful to The D. H. Chen Foundation for their generous support. Their financial contribution, strategic input, and shared vision have played a pivotal role in enhancing our facilities and services, enabling us to pursue innovative designs and long-term development of the home.



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營辦機構
Operating Organization



項目共創及發展夥伴
Project Co-Creation and Development Partners



真光護老之家

True light home for the aged

安心選擇 尊享優質安老每一天

Choose with Confidence
Experience Quality Ageing Every Day





舒適空間 安心生活

Comfortable Spaces, Peaceful Living

室內設計以木色與啡色為主調，融合現代美學與適老化設計理念，從照明、傢俱配置到動線安排，皆細緻考量長者的日常起居與安全。院舍提供多款房間選擇包括豪華單人套房、單人套房、單人房及雙人套房，以貼心設計滿足不同需要，讓每位長者及其家人都能在此感受到家的溫暖與安心。

Designed in warm wood and earthy tones, the residence blends modern aesthetics with age-friendly features. Thoughtful details from lighting to layout ensure both comfort and safety. With room options ranging from deluxe suites to cozy singles, every elder and their family can feel the reassurance and warmth of home.

環境空間 Living Spaces

- Green House 照顧模式
- 空中花園與活動空間
- 無障礙及安全設施
- Green House Care Model
- Sky Garden and Relaxation Areas
- Accessibility and Safety-Enhanced Facilities

重點專屬服務

Specialized Signature Services

「愛伴同行」晚期舒緩服務 | 尊嚴善終・全人關懷

Love Companion Programme | End-of-Life Service Dignified Farewell, Holistic Support

- 「家庭為本」概念
- 跨專業團隊照顧
- 24小時專業護理
- 個人化臨終照顧計劃
- 「身、心、社、靈」全人照顧
- 專業醫療設備
- 臨終照顧至殯儀服務全面關顧
- Family-Centered Approach
- Interdisciplinary Team Support
- 24-Hour Professional Nursing
- Personalized End-of-Life Care Plans
- Holistic Care Addressing Physical, Emotional, Social, and Spiritual Wellbeing
- Advanced Medical Equipment
- Comprehensive Care Covering End-of-Life to Funeral Arrangements

「GOAL HOME」中風復康暫住計劃 | 重拾能力・提升自主

GOAL HOME: Short-term Stroke Rehabilitation Programme | Regaining Abilities & Enhancing Autonomy

- 物理治療、職業治療
- 言語治療
- 認知訓練與多感官刺激
- 持續跟進院友復康進度
- 跨專業團隊照顧
- 個人化訓練計劃
- 心理支援及精神照顧
- Physiotherapy and Occupational Therapy
- Speech Therapy
- Cognitive Training and Multisensory Stimulation
- Continuous Monitoring of Residents' Rehabilitation Progress
- Interdisciplinary Team-Based Care
- Personalized Training Plans
- Psychological Support and Mental Care

認知障礙友善照顧住宿服務 | 安心安居・延續自我

Dementia-Friendly Residential Care Services | Safe Living, Continuity of Self

- 自主照顧
- 認知障礙友善樓層
- 懷緬治療閣
- 樂齡科技應用
- 跨專業團隊照顧
- 個別認知訓練
- 體能訓練
- Promoting Self-Care and Autonomy
- Dementia-Friendly Living Areas
- Reminiscence Therapy Room
- Elderly-Friendly Technologies
- Interdisciplinary Team Care
- Individualized Cognitive Training
- Physical Exercise & Rehabilitation

服務特色 Service Features

護養級別院舍 | 長期及短期住宿

Nursing-level care facility | Short-term and Long-term Stays



- 適合持續護理或中度至重度照顧的長者
- 設有院舍券計劃宿位，照顧不同經濟需要
- Suitable for elders requiring continuous care or moderate to intensive support
- Includes designated voucher scheme places to meet different financial needs

以「家的感覺」為核心

A Homely Environment at the Core



- 以院友為中心的生活設計
- 鼓勵互動與參與，建立歸屬感
- Resident-centered living design
- Encouraging interaction and participation to foster a sense of belonging



跨專業全人照顧

Holistic, Interdisciplinary Care Team



- 護士、醫生、物理／職業／言語治療師
- 社工、營養師及護理人員緊密協作
- 為每位院友制定及定期檢視個人化護理計劃 (ICP)
- Nurses, doctors, physiotherapists, occupational therapists, and speech therapists
- Social workers, dietitians, and care staff working in close collaboration
- Personalized Care Plans (ICP) developed and regularly reviewed for each resident