

灣仔健智 支援服務中心

聖雅各福群會成立於1949年，為社區提供高質素的多元化社會服務。本會一向致力推動認知障礙症服務，提供專業訓練、照顧、家屬支援及社區教育等工作。於1999年，在西環成立港島區首間以自負盈虧模式運作的健智支援服務中心，提供專門認知障礙症服務。灣仔健智支援服務中心於2014年1月開始投入服務。

● 聖雅各福群會



灣仔健智 支援服務中心

本中心提供寬敞而舒適的環境和設施，服務目標包括：

- 提供一站式綜合評估服務，讓認知障礙症患者及照顧者得到整合的服務配套
- 鼓勵認知障礙症患者積極參與，投入服務，建立良好的社交關係
- 使用**正向心理學PERMA模式**作有效個案介入，培養認知障礙症患者的正面情緒及使他們的生活更具意義

綜合 評估服務

1

由專業人士提供一系列的社交及心理健康評估

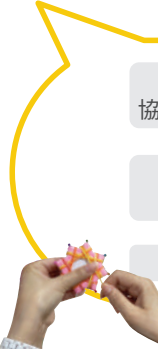
認知功能	情緒及行為評估
心理社交能力	關顧照顧者的照顧壓力
日常自我照顧能力	健康指標



日間照顧 中心服務

3

- 藝術治療
- 運動小組
- 感官訓練
- 懷舊小組
- 記憶訓練
- 遊戲互動訓練
- 興趣小組



心理輔導 情緒行為管理

2

- 為有需要的患者提供心理輔導，協助減低因患病所出現的情緒行為表現
- 為家屬提供情緒支援及輔導，共同處理患者出現的情緒行為
- 與家屬制定患者的長期照顧計劃

“照顧者是我們重要的夥伴，中心定期舉辦工作坊以互動和討論的方式，讓照顧者掌握認知障礙症的知識、照顧技巧及協助他們舒緩壓力。”

照顧者 訓練課程

4

- ✓ 社區教育活動
- ✓ 義工訓練及服務
- ✓ 社區講座及展覽
- ✓ 專業同工培訓及講座



服務對象

早、中期認知障礙症患者及照顧者

收費

歡迎致電與中心職員聯絡，了解有關收費。
經濟有困難或綜援家庭可向中心申請有限度的服務費用減免



中心開放時間

星期一至六上午8時至下午6時
星期日及公眾假期休息

聯絡我們

香港灣仔堅尼地道100號
賽馬會社會服務大樓2樓

電話
2596 2506

傳真
2596 2516

電郵
kin_chi@sjs.org.hk



本中心為「長者社區照顧服務券計劃」之認可服務單位

SERVICE TARGET

Persons with early and middle stage cognitive impairment and their caregivers.

SERVICE FEE

Welcome to contact our staff to inquire about the fees.

Families with financial difficulties can apply for a reduction in services fees.

OPENING HOURS

Monday to Saturday (8am to 6pm)
Closed on Sunday and Public Holidays



CONTACT US

2/F, St Jame's Settlement Jockey Club Social Services Building, No.100 Kennedy Road, Wan Chai, HK

TEL 2596 2506

FAX 2596 2516

E-MAIL kin_chi@sjs.org.hk



This center is a Recognised Service Providers (RSPs) of Community Care Service Voucher for the elderly (CCSV).

WAN CHAI

KIN CHI DEMENTIA CARE Support Service Centre

We provides professional care and training, so as the spacious environment to family of PwD in Hong Kong Island. Our service goals are :

- To provide one-stop assessment and holistic service plan to our service users
- To encourage users' participation in activities, and to engage in social relationships
- To promote **PERMA** model, to cultivate positive emotions and to enhance their quality of life

1 Integrated Psychosocial Assessment

Assessments by medical and allied health professionals, including :

Cognitive functioning	Mental health and behavioral assessments
Psychosocial abilities	Caregiver stress assessment
Activities of Daily Living (ADL) and Instrumental ADL (IADL)	Pressure relieving skill and training



2 SUPPORTIVE COUNSELING

Behavioral and psychological symptoms of dementia (BPSD) management

- Co-create a long-term care plan with users and caregivers to meet their unique needs
- Provide supportive counseling by professional staff
- Review plans timely to explore alternatives in managing BPSD

3 DAY CARE SERVICES

Provide tailor-made training based on PwD individual strengths and talents, including :

Sensory and physical training	Interest groups
Reality-oriented activities	Interactive groups
Reminiscence activities	Aim to improve cognitive abilities and communication skills

4 CAREGIVERS TRAINING

Caregivers are fundamental role in case management, educational and relaxation workshops will be organised to provide skills training and emotional support to caregivers.

COMMUNITY EDUCATION ACTIVITIES

- Hold regular educational talks, exhibitions and workshops
- Organize and open volunteer training and services to the public



KIN CHI DEMENTIA CARE Support Service Centre

WAN CHAI

St. James' Settlement is a multi-social service agency which provides high quality, comprehensive service to meet the diverse needs of our society since 1949.

To support persons with Dementia (PwD), Kin Chi Dementia Care Support Service Centre-Sai Wan was established in 1999, while Wan Chai centre was launched in January 2014.



聖雅各福群會

